JAMES HOPE COLLEGE

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# AI AS YOUR COPILOT TO SUCCESS

Imagine having a personal tutor available to you at all times. Sounds great doesn't it? But what happens to you when your tutor starts doing all the thinking for you? Artificial Intelligence(AI) is such a stupendous gift brought to you by humanity. But like any great gift, its true value seriously depends on how we choose to use it. I would be iterating through an array of ways and methods that students can limit their reliance on AI tools, transforming it from a trap that kills us to an academic weapon.

## The Withered Mind

To truly harmonise ourselves with this foreign gift let us figure out how it secretly saps our knowledge, without us ever knowing. What we are truly experiencing when actively being dependent on these tools is known as the phenomenon of the “illusion of competence”. When prompting an agent. The agent Impeccably produces a phenomenal output. Tricking your brain into thinking, you have actually achieved something. In reality, nothing has been achieved.

There is a massive conceptual difference between identifying information and retaining it. AI tools when used wrongly, strips away that barrier separating them and tricks you into believing both have been done. By letting AI do all the heavy lifting, you divest that weight meant to build the neurons in your brain to actually retain it. Profoundly speaking, we are not outsmarting the educational system, but we are actually robbing ourselves of the intellect to think independently

## An effective Prompt

Now, let’s address the elephant in the room. How do we break away from this everlasting trap? It all comes down to what we tell the AI to do. Giving vague prompts such as “Write me an essay on….” would just produce an output without actually teaching you. Instead we should give out prompts such as “Draft a plan on….” or actually use these agents to give you tips.

Believe it or not, but your mind supersedes these bots when you actually start putting it to use. We are more than capable of what you may believe. You just have to buckle up and start using AI to your advantage. Being stuck on a difficult math equation is not the end, you may ask for a solution, but do it rightly. Do not directly ask for the solution. Ask the AI agent to show you the stepwise solution, or even better, ask it to analyse your workings and suggest areas for improvement. Studies have shown that students who are able to identify their weaknesses and sharpen their strengths are able to excel further than those who just copy the solution straight off the board

## The Inimitable Human Spirit

Moreover, we mustn't fail to remember that AI isn't an all knowing priest, nor does it uphold genuine human creativity. It is more or less a bunch of 0s and 1s compiled to give you that sweet answer you are looking for. Relying on it entirely to express your ideas is literally walking on glass shards. AI doesn't have the unique perspective an individual holds. It has not experienced the pleasures of going to a park or the sorrow of failing a test.You may use it to organise the chaotic thoughts in your head, but you should never let it dictate what those thoughts should be.

## Conclusion

The future of our Universe belongs to a completely new generation. Those who succeed won't be those who just know how to copy and paste but they would be those who are able to think for themselves, process a problem and provide an adequate solution. They should be able to distinguish when and when not to use AI. We should use AI to think bigger and ask us harder questions.

Lastly, we should learn to control the machine, master the prompt and let AI copilot you to success. Thank you